

Section XXII. Wrestling (06/2007)

I. Game Rules

- A. The official rules will be found in the Federation rulebook unless modified by the league.
- B. The officials will be registered through the Executive Director.
- C. Weight Classifications:  
Boys: 103; 112; 119; 125; 130; 135; 140; 145; 152; 160; 171; 189; 215; 275  
  
Girls: 98; 103; 108; 114; 120; 125; 130; 140; 155; 175; 220
- D. Meet officials will conduct weigh-in of contestants.
  - 1) Weigh-in procedures will be followed according to the Federation rule book. Consideration for teams missing scheduled weigh-in times will be given to those with transportation problems only. Any rulings on any unforeseen events shall be made at the discretion of the protest committee, unless prior permission is granted from the OIA Executive Director. A courtesy call to the host school shall be made with the number provided on the schedule.
  - 2) Weigh-in for two day tournaments: Second day weigh-ins will be conducted at the designated time.
  - 3) Sites will have available, if needed, a visual clock for weigh-ins for both boys and girls.
  - 4) All contestants, including girls, must be stripped down to at least a suitable undergarment for weigh-ins.
  - 5) Weigh-in for Mini Tournaments:
    - a. Use the previous night's dual meet weigh-ins.
    - b. Weigh-in will also be conducted at the regular designated time.
- E. Certification:
  - 1) The certified weight shall be the wrestler's lowest weight on the weigh-in sheet.
  - 2) Weight must be certified by the referee or if the referee is not there, by a coach from an opposing school. All weigh-in sheets must be turned in to the Advisory Chairperson prior to the Divisional seeding meeting.
  - 3) All scales must be certified and carry a sticker to that effect.
  - 4) ***If a student is unable to certify during the regular season on or prior to January 15, that student may use a pre-season weigh-in for certification, provided proper documentation is presented. DELETE***
- F. Seeding for the Divisional Tournament will be taken in the following order:
  - 1) All weigh-in verification forms and entries are to be sent, faxed, and or hand delivered to the Advisory Chairperson prior to the Divisional seeding meeting. If forms and entries are sent or faxed, it is recommended that it be done by 12 noon of the day of the seeding meeting. This will allow the meeting chair time for preparation and follow up.
  - 2) Seeding will be determined by the individual's record at the weight class he/she will be entering (including forfeits). Record will be determined by point system (2 – win, 1 – Tie, 0 – Loss).
  - 3) In case of ties, the individuals overall season dual meet record will be used (including forfeits).
  - 4) Special consideration: After discussion, coaches not involved will vote to determine the seeding of the wrestler.
  - 5) Head to head competition and common opponent (s) will be used if both wrestlers have similar records.
- G. Wrestling placement for tournaments:
  - 1) For the Varsity and JV Divisional Tournaments, all wrestlers will be ranked and seeded based on the seeding criteria. The seeding committee will be made up of all coaches and or the Advisory Chairperson.
  - 2) All changes must be submitted prior to the seeding meeting and seeding of wrestlers for the OIA Varsity and JV Tournaments. Wrestlers who were scratched

and or did not make weight from the Divisional Tournament must also be re-submitted.

- 3) For the OIA Varsity and JV Tournaments, all wrestlers from each weight class will be seeded according to the results of the Divisional Tournaments. This list of wrestlers should be typewritten and should include the person's first and last names and school affiliation. The results should be given to the Advisory Chairperson by Wednesday after the divisional tournament. Special consideration should be given to exceptional wrestlers who did not participate in the divisional tournaments. Places 7-11 in the Divisional Tournaments will be ranked using the bad mark system for determining OIA state qualifiers.
- 4) OIA Tournament Reseeding of Weight Class Bracket: When a wrestler is scratched or fails to make weight, reseed the entire weight class.
- 5) Any wrestler scratched for any reason after the start of the first match will be considered a forfeit. No reseeding of bracket.
- H. A seeding meeting will be held one (1) day before the Division and OIA Tournaments.
- I. Wrestlers will not be penalized for shaking hands with officials or coaches.
- J. Dual match procedures will be set according to the rulebook.
- K. Participation starts when the wrestler steps on the mat for competition.
- L. The word "session" is clarified in the HHSAA Handbook
- M. If a hair/head cover is used, it must fasten under the chin.

## 2. League Format

- A. For dual meet purposes, students of HCDB (Hawaii Center for the Deaf and Blind) may participate with Kalani High School and students of Anuenue may participate with Roosevelt High School. For the Eastern and Western Division, JV and Varsity Tournaments, students of HCDB and Anuenue will represent their own school.
- B. The Tournament Director shall be from the host school. This person shall be responsible for organizing and running the tournament and shall be present for all sessions. The Tournament Directors for the Divisional Tournaments shall be responsible for ranking all wrestlers in each weight class according to results of the tournament and the criteria in the official rules of the OIA Handbook. This list will be used for seeding and entries in the OIA Championship Tournaments.

C. OIA Championships

- 1) The Varsity and JV Championship will be determined by the most points accumulated through the individual championship tournament.
- 2) The brackets for use in the OIA Championship will be as follows:



- 3) Score 7<sup>th</sup> and 8<sup>th</sup> place in OIA Varsity Tournament. No medals will be awarded for 7<sup>th</sup> and 8<sup>th</sup> place.

- 4) In the event a protest arises at an OIA Championship tournament (Dual Meet, Divisional, Junior Varsity, or Varsity) a protest committee shall be made up of the OIA Wrestling Coordinator (if available), the host site Athletic Director or designee, two coaches, and the supervising official or designee. All decisions shall be final. OIA Rules will prevail when pertaining to other protests such as eligibility.
  - 5) In the event there is no representation from one division in a weight class, true seeding will take place in that weight class.
- D. OIA Divisional Championship
- 1) The Divisional Championships will be held on Friday and/or Saturday.
  - 2) The Varsity and JV Champions will be determined by the most points accumulated through the individual championship tournament.
- E. Dual Matches
- 1) Dual matches within the division will count toward seeding for the divisional tournaments. The team with the best record within its division will be declared the divisional dual champion. Two points will be assigned for a win, one for a tie and zero for losses.
  - 2) Coaches will be responsible for submitting a tentative line-up prior to their matches. Changes to the line-up can be made up to the required reporting time. If no line-up is submitted, coaches will be responsible to send the correct wrestler for the correct weight class.
  - 3) The revised Dual Meet Score Sheet shall be used. The revised sheet will provide a space for each coach to sign in acknowledgement of the final team score.
  - 4) The top two finishers in each divisional will then meet in a single elimination play-off for the OIA Dual Meet title.
  - 5) The host school will be responsible for obtaining at least two mats for the meet as well as clocks and other necessary equipment.
  - 6) Exhibition matches may be run only if the total number of matches between schools does not exceed forty-eight (48). The total number of matches (both regular and exhibition) between any two schools shall not exceed (48).
  - 7) The designated home school shall be responsible for the official scorebook and the host school shall be responsible for reporting of results to the Advisory Chairperson and the newspapers.
  - 8) All copies of weigh-in sheets and dual meet results are to be sent/faxed/ and/or hand delivered immediately after the conclusion of the day's dual meets. Schools are to keep their own original copies.
- F. Mini Tournaments
- 1) Unlimited entries. Results may be used in seeding only for head to head matches in case of ties for special consideration. These tournaments may be inter-divisional with a special effort to group schools who do not face each other in duals.
  - 2) The host schools shall be responsible for obtaining an adequate number of mats as well as clocks and other necessary equipment. Eight man brackets and/or round robin pairings may be used at the discretion of the host school. Wall charts and ribbons shall be optional at the discretion of the host school.
  - 3) The Athletic Director of the host school or his/her designee shall be the Tournament Director.
  - 4) Suggested Schedule:  
 Weigh-in: 8:00 a.m.  
 Start: 10:30 a.m.
  - 5) Teams going to ILH hosted Minis may use ILH eligibility rules for participation.
- G. Individual scoring for the OIA Individual Tournament will be the same as the rulebook.
- H. Scoring: Each team will be allowed one wrestler in each of the weight classifications. Points will be scored according to the rulebook.
- I. Referees will conduct all weigh-ins of wrestlers at all OIA and Divisional Championships.

3. Equipment
  - A. Equipment needed for the OIA Tournaments:
 

4-6 Wrestling Mats	Flash Number Cards
Side Mats	4-6 Horns or Towels for Throwing on Mat
4-6 Tables	Spare Whistles
5 Chairs per Table	2 Sets of Anklets per Scoring Table
Boundary Around Wrestling Area	4 - 6 Match Clocks
300 Match Cards	4 – 6 Stopwatches
Tournament Brackets for each Weight Class	
  - B. Schools will bring mats on request. Consideration to schools having two or more mats. Host school can delegate tournament responsibilities to other participating schools.
4. Awards:           Refer to section 1
5. Budget: Refer to section on Sports Budget.
6. Schedule
  - A. Mini-Matches may be inter-divisional
  - B. Deviations in times may be done with approval of the Advisor in charge and the Executive Director.
  - C. The OIA Varsity and JV Championships will be held at different sites with more that three (3) days between tournaments. Both tournaments may be one or two day tournament depending on the number of entries and approval of the Executive Director and Advisory Chairperson.
7. Injury/bleeding time
  - A. The host/home school at a wrestling site shall be responsible for a stopwatch at each scoring table.
  - B. A timekeeper shall be on the wrestling mat during injury/bleeding time outs to assist the wrestling official, athletic trainer, and coaches. The timekeeper's only responsibility during that time shall be to keep track of the injury/bleeding time and to verbally announce such time at intervals of: 1 minute, 1:15, etc., and at the expiration of the injury/bleeding time out.
8. Female Menstruation Time
  - A. In the event a female wrestler menstruates during competition, she shall be allowed a maximum of five (5) minutes to change without penalty.
  - B. If in the event the female wrestler needs more than five (5) minutes changing time, the additional time used will be deducted from the allowed five (5) minutes blood time.
9. Miscellaneous
  - A. Statistics
 

Host schools will be responsible for calling in scores and results to the press. Schools will call and send in the results of their individual wrestlers to the Advisory Chairperson for seeding purpose and further press releases. (This is especially important for triangular matches). The Advisory Chairperson shall collect and keep on record all championship tournament results.
  - B. The first eight qualifiers in each weight division will qualify for the HHSAA State wrestling tournament. State qualifiers for positions 9, 10, etc. will be determined by use of a "bad point system."
  - C. A coaches', *statisticians'* and officials' rules clinic will be held prior to the season.
  - D. The Advisory Chairperson shall compile and submit a list of all state tournament qualifiers at the state seeding meeting. Note the league, last name, first name, school, and weight class.

- E. All participants must comply with the HHSAA weight control program. ***This includes weekly submission of team weigh in sheets to the sport coordinator and use of the NCWA OPC Calculator for developing weight loss plans and weigh in sheets.***
- F. All-Star selection: All First and Second Team All-Star selections shall be based on a wrestler's performance at the Divisional level. Coaches may ask for special consideration when determining All-Stars.
- G. Ejection of coaches and wrestlers for 2-day events: Coaches or wrestlers ejected on the eve of a 2-day tournament must sit out of competition on the first day only (of the upcoming tournament). Coaches or wrestlers may return to competition on the second day. For all other penalties, please refer to the OIA Handbook, Admin. Section.
- H. ***Wrestlers must use the HHSAA approved form for documenting skin lesions. Form must be presented to personnel, in charge of skin checks, prior to competing. All participants will follow the NHFS Rule Book: "ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in or prior to competition in the dual meet or tournament. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate." "ART. 4 . . . If an on-site meet physician is present, he/she may overrule the diagnosis of the physician signing the physician's release form for a wrestler to participate with a particular skin condition."***