

| Week | Dates | Air Riflery | Bowling | Cross Country | G Volleyball | Football | Cheerleading | Canoe Paddling | G Soccer | G Basketball | Swim & Diving | B Soccer | Wrestling | B Basketball | Baseball | G Water Polo | Judo | Tennis | Track & Field | Softball | B Volleyball | G Golf | B Golf |
|------|---------------|-------------|---------|---------------|--------------|----------|--------------|----------------|----------|--------------|---------------|----------|-----------|--------------|----------|--------------|------|--------|---------------|----------|--------------|--------|--------|
| 1 | 7/3 - 7/9 | | | | | | | | | | | | | | | | | | | | | | |
| 2 | 7/10 - 7/16 | | | | | | | | | | | | | | | | | | | | | | |
| 3 | 7/17 - 7/23 | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 7/24 - 7/30 | | | | | | | | | | | | | | | | | | | | | | |
| 5 | 7/31 - 8/6 | | | | | | | | | | | | | | | | | | | | | | |
| 6 | 8/7 - 8/13 | | | | | | | | | | | | | | | | | | | | | | |
| 7 | 8/14 - 8/20 | | | | | | | | | | | | | | | | | | | | | | |
| 8 | 8/21 - 8/27 | | | | | | | | | | | | | | | | | | | | | | |
| 9 | 8/28 - 9/3 | | | | | | | | | | | | | | | | | | | | | | |
| 10 | 9/4 - 9/10 | | | | | | | | | | | | | | | | | | | | | | |
| 11 | 9/11 - 9/17 | | | | | | | | | | | | | | | | | | | | | | |
| 12 | 9/18 - 9/24 | | | | | | | | | | | | | | | | | | | | | | |
| 13 | 9/25 - 10/1 | | | | | | | | | | | | | | | | | | | | | | |
| 14 | 10/2 - 10/8 | | | | | | | | | | | | | | | | | | | | | | |
| 15 | 10/9 - 10/15 | | | | | | | | | | | | | | | | | | | | | | |
| 16 | 10/16 - 10/22 | | | | | | | | | | | | | | | | | | | | | | |
| 17 | 10/23 - 10/29 | ST | ST | ST | ST | | | | | | | | | | | | | | | | | | |
| 18 | 10/30 - 11/5 | | | | | | | | | | | | | | | | | | | | | | |
| 19 | 11/6 - 11/12 | | | | | | | | | | | | | | | | | | | | | | |
| 20 | 11/13 - 11/19 | | | | | | | | | | | | | | | | | | | | | | |
| 21 | 11/20 - 11/26 | | | | | | | | | | | | | | | | | | | | | | |
| 22 | 11/27 - 12/3 | | | | | | | | | | | | | | | | | | | | | | |
| 23 | 12/4 - 12/10 | | | | | | | | | | | | | | | | | | | | | | |
| 24 | 12/11 - 12/17 | | | | | | | | | | | | | | | | | | | | | | |
| 25 | 12/18 - 12/24 | | | | | | | | | | | | | | | | | | | | | | |
| 26 | 12/25 - 12/31 | | | | | | | | | | | | | | | | | | | | | | |
| 27 | 1/1 - 1/7 | | | | | | | | | | | | | | | | | | | | | | |
| 28 | 1/8 - 1/14 | | | | | | | | | | | | | | | | | | | | | | |
| 29 | 1/15 - 1/21 | | | | | | | | | | | | | | | | | | | | | | |
| 30 | 1/22 - 1/28 | | | | | | | | | | | | | | | | | | | | | | |
| 31 | 1/29 - 2/4 | | | | | | | | | | | | | | | | | | | | | | |
| 32 | 2/5 - 2/11 | | | | | | | | | | | | | | | | | | | | | | |
| 33 | 2/12 - 2/18 | | | | | | | | | | | | | | | | | | | | | | |
| 34 | 2/19 - 2/25 | | | | | | | | | | | | | | | | | | | | | | |
| 35 | 2/26 - 3/3 | | | | | | | | | | | | | | | | | | | | | | |
| 36 | 3/4 - 3/10 | | | | | | | | | | | | | | | | | | | | | | |
| 37 | 3/11 - 3/17 | | | | | | | | | | | | | | | | | | | | | | |
| 38 | 3/18 - 3/24 | | | | | | | | | | | | | | | | | | | | | | |
| 39 | 3/25 - 3/31 | | | | | | | | | | | | | | | | | | | | | | |
| 40 | 4/1 - 4/7 | | | | | | | | | | | | | | | | | | | | | | |
| 41 | 4/8 - 4/14 | | | | | | | | | | | | | | | | | | | | | | |
| 42 | 4/15 - 4/21 | | | | | | | | | | | | | | | | | | | | | | |
| 43 | 4/22 - 4/28 | | | | | | | | | | | | | | | | | | | | | | |
| 44 | 4/29 - 5/5 | | | | | | | | | | | | | | | | | | | | | | |
| 45 | 5/6 - 5/12 | | | | | | | | | | | | | | | | | | | | | | |
| 46 | 5/13 - 5/19 | | | | | | | | | | | | | | | | | | | | | | |
| 47 | 5/20 - 5/26 | | | | | | | | | | | | | | | | | | | | | | |
| 48 | 5/27 - 6/2 | | | | | | | | | | | | | | | | | | | | | | |
| 49 | 6/3 - 6/9 | | | | | | | | | | | | | | | | | | | | | | |
| 50 | 6/10 - 6/16 | | | | | | | | | | | | | | | | | | | | | | |
| 51 | 6/17 - 6/23 | | | | | | | | | | | | | | | | | | | | | | |
| 52 | 6/24 - 6/30 | | | | | | | | | | | | | | | | | | | | | | |

Green = Season

Red = Off Season, Restricted

Yellow = Summer Unrestricted

White = Off Season, restrictions determined by each league